



# Now You Can Flip a Tire Anywhere

The Tire Flip 180 is an innovative new functional training device that gives you all the benefits of tire training in a safe, space-saving design. Now you don't need the space that traditional tires take up and don't have to worry about them flipping all around your facility and potentially injuring your members. Additionally the Tire Flip 180 always looks great, so no more "junk yard" looks for you! Flip it, jump on it, hit it with a hammer. Do all of the things you would do with a traditional tire in one compact space-saving piece of equipment. The Tire Flip 180 also allows you to add up to 100 pounds of additional free weight resistance so users of all abilities are sure to get a great workout. With a resistance ranges of 90–250 pounds there is no need to have multiple size tires in your facility. Its dual battle rope anchor points turns this into a perfect group training device as well. Optional floor mounts ensure that the Tire Flip 180 will always be secure in your workout area. Saving you space, money and appearance, your members will be sure to "flip" for the Tire Flip 180!



### TIRE FLIP 180 XL FEATURES

- Starting resistance of 150 lb.
- Plate loading ability up to 100 additional pounds
- 4 Sound Reducing Bumpers
- 2 Battle Rope Anchor Points
- 2 Floor Mounting Points
- Extended Warranty

### DIMENSIONS & WEIGHT

4' x 5' - Weight: 200 lb.



### TIRE FLIP 180 FEATURES

- Starting resistance of 90 lbs
- Plate loading ability up to 60 additional pounds
- 4 Sound Reducing Bumpers
- 2 Battle Rope Anchor Points
- 2 Floor Mounting Points
- Extended Warranty

### DIMENSIONS & WEIGHT

4' x 5' - Weight: 150 lb.